

# Reefs attracting kingfish, mackerel and cobia

Clearing water conditions has helped to provide excellent near shore reef action. Baitfish is now abundant on the many reefs within 10 miles of shore, attracting kingfish, mackerel and cobia. Combine that with the already fantastic mangrove snapper, grouper and flounder fishing and it's easy to see why these become so popular this time of year.

Anchoring up-tide of the structure and chumming the fish out a bit gives you your best chance at boating the some of the quality sized bottom fish that live on these reefs. Chum with a combination of live and cut up pilchards and threadfins, all the while keeping a fresh chum block off the back of the boat.

For the bottom fish we run 6



**Fish Tales**  
Capt. Tyson Wallerstein

to 8 foot leaders ranging anywhere from 25 to 40 pounds just depending on how shy the fish are being. For the pelagic, keep a live bait flat line out the back of the boat rigged with a wire trace for the toothy fish.

Tarpon are moving through the area, schools of fish can be targeted as they move southbound along Pinellas County beaches. Rough weather all weekend didn't give much opportunity to target these schools of fish, but look for much better conditions this weekend. Early starts will help you to find pods of fish that are willing to feed.

cast live threadfins, pumpkin-seeds or pinfish rigged on 80-pound leader to these wary giants.

This weekend's Full moon's outgoing tide will have the crabs flushing out of the bays. Look for the tarpon to stage up heavily at pass bridges and the 90-foot hole at Egmont Key. Drift live crabs with the tide near the surface or slightly weighted with a split shot for best results.

Until next week - get bent!  
Tyson Wallerstein can be reached at [capt.tyson@hotmail.com](mailto:capt.tyson@hotmail.com). To get a fish photo in the paper, send the photo along with your name, when and where it was caught to [editorial@TBNweekly.com](mailto:editorial@TBNweekly.com) or mail it to Tampa Bay Newspapers, 9911 Seminole Blvd., Seminole, FL 33772.

# Team IRB Rotary runs to battle melanoma

INDIAN ROCKS BEACH - Members of the Rotary Club of Indian Rocks Beach ran as Team IRB Rotary in the Suncoast Miles for Melanoma 5K on May 7.

The club donated \$100 per Rotary Club member and Gunter Neumueller added another \$100, raising the total contribution to \$600 for the Melanoma Research Foundation.

Rotarians Bill Atkinson, Lynn Johler, Gunter Neumueller and Bruce Sobut each won their respective age groups. Rotarian Noelle Daniel was unable to participate due to illness. Also running to support Team IRB Rotary were Elizabeth, Jessica, and Emily Atkinson and Ana Victoria Valez.

If not caught early, melanoma

is known to be the most deadly of all skin cancers. Melanoma can be successfully removed and monitored by regular skin screenings in its early stages. However, the disease is deadly in its most advanced stages, as few treatment options exist. The median lifespan for patients with advanced melanoma is less than one year.



Team IRB Rotary includes, front row, from left, Jamie Hale-Hollenbeck and Brooke Walls; back row, Elizabeth, Emily, Jessica, and Bill Atkinson, Lynn Johler, Bruce Sobut, Ana Victoria Valdez, Gunter Neumueller, and Carolyn Edrington.

# Lucas and teammates excel in FSRA championship

BELLEAIR - Gates Lucas of Belleair and his teammates from Berkeley Preparatory School recently won the Florida Scholastic Rowing Association State Championship in the Varsity Men's 4-plus. They brought home two trophies; one for the scholastic first place finish and another for their first place finish overall. The team beat the second place team in the finals by a full seven seconds. Races are measured in hundredths of a second.

The regatta was held April 30 and May 1 at Nathan Benderson Park, a world class rowing venue in Sarasota. The regatta had 1,730 student athletes from 41



At the FSRA State Championships are, from left, Coach Adam Stohl, Alex Bandes, Allesandro Maffey, Gates Lucas, Zack Bandes, coxswain Jojo Mendoza, Coach Kevin Jacobs, and a race official.

high schools and club teams from around Florida.

The Berkeley team will be trav-

eling to Camden, N.J., to compete in the National Scholastic Championship at the end of May.

**V.O. NAILS & SPA**  
INDIAN ROCKS SHOPPING CENTER NEXT TO PUBLIX  
CORNER OF WALSHINGHAM & INDIAN ROCKS ROAD  
12046 Indian Rocks Road, Unit 101, Largo  
727-595-1222 • www.VONailsAndSpa.com  
Hours: Mon.-Fri. 9:30am-7pm • Sat. 9:30am-6pm • Sun. 11am-4pm

FULL SET OF PINK/WHITE OR SEA SHELL SET \$5 OFF	<b>FACIALS 20% OFF</b>	<b>SWEET PEDICURE \$3 OFF</b>	FREE Chamber Paraffin Wax w/Deluxe Pedicure	SPA MANI-PEDI \$26.95	Summer 20% OFF Special All Services For New Clients or Students
---	------------------------	-------------------------------	---	-----------------------	---

Expires 6/30/11 TBN. Not valid with other offers. 51911

**Consumer Business Guide**  
Telling our readers about local business since 1977. 051911  
Phone Don Minie at 727-409-5252 or email [mminie5382@aol.com](mailto:mminie5382@aol.com)

**Q. Where can I Buy a quality refurbished computer?**  
A. Call 727-455-8450 Mark Evans Computer Technology. They come with Kapersky Anti-Virus installed at no extra charge.

# Wedding Dance Pro adds romance, elegance and ease to your wedding dance.

Everything has been planned and rehearsed. Don't forget the first dance. The dance must look natural and you will need to practice to create this impression. This is where Debra ... Your Wedding Dance Designer comes in. Debra choreographs your first dance. She has helped hundreds of couples get started on the right foot, so to speak. Debra, Your Wedding Dance Designer, specializes in making this important moment look elegant and you feel totally at ease. Debra promises these 15 to 20 private lessons will be painless. She assists with song and dance selection, designs a personalized dance, gives you styling and technique for a polished image and much more. Remember, of all the money spent on your wedding, the dance is the one thing that will be used after the wedding day, over and over again. Once the reception is over and the flowers are thrown out, the decorations go back to the rental company and the dress is stored away, you'll still be dancing. Debra is also planning a wedding dance boot camp. Call her at 727-342-3842 and ask about the boot camp dates. You will always have the romance of your dance! [www.1stweddingdancelessons.com](http://www.1stweddingdancelessons.com).



The wedding dance is a symbol of your new beginning, as you take your 1st steps as one.

# Success by Design - A Weight Loss Program Designed Just For You!



Designed to meet YOUR unique individual needs and lifestyle. **Success by Design** is not a starvation diet and is tailored to fit your individual metabolism, body composition and lifestyle. A new component to the program is addressing hormonal imbalances. Ask about the Bioidentical Hormone Therapy Program. **LOSE UP TO 20 LBS IN YOUR FIRST MONTH!** This is a medically supervised program with one-on-one professional medical counseling at each visit. Tami Horner, M.D. is the Medical Director and has eight years of experience in medically supervised weight loss. The founder and CEO is Sherri Morrison, RN, BSN, who began her clinical nursing in Pediatrics, and Labor & Delivery at All Children's Hospital. The death of her father from heart disease and obesity brought her to focus on cardiovascular and diabetes. She created Success by Design and has made this the focus of her 20+ years of nursing, nutrition and administration experience. **SAVE 50% NOW! INITIAL VISIT ONLY \$100. With This Article. (Reg. \$200 value. Offer expires 5/31/11). CALL TODAY 727-548-0001 or visit at 9095 Belcher Road, Pinellas Park, FOR YOUR FREE CONSULTATION AND BODY FAT ANALYSIS. Learn more at [www.poundsawaytampabay.com](http://www.poundsawaytampabay.com).**

# Mattress Liquidators Offers Huge Discounts on Leading Brand Names

Need a new mattress but are appalled at the prices? Visit **Mattress Liquidators Showroom** at 12514 Starkey Rd. They specialize in selling hand picked, high quality factory closeouts like, Sealy, Serta, Simmons, Stearns & Foster & more. Only those products deemed suitable for resale will be chosen and offered to you at a huge discount of 70%-90% off ... You will get a "Dealer Guarantee" that the mattress will be free of any major defects. They carry other high quality/low price lines that come with the full manufacturer's warranty, including a Memory Foam line that is very comparable to Tempurpedic. The only difference in the mattresses sold at Mattress Liquidators and the ones sold at other major retailers is in the Price. With over 22 years experience in the mattress industry the owners, Wayne Freeman & Beth Noetzel, have the insight as to what most consumers are looking for. Come in to the showroom and try any mattress out for yourself. Mention this article and receive a free sheet set with a minimum purchase. Go on line, [www.mymattressliquidators.com](http://www.mymattressliquidators.com) and get money saving coupons. Senior Discounts, Military Discounts and Internet Specials. Phone: (727) 224-7433-Largo and (813) 957-3405-Tampa.



Mattress Liquidators has over 22 years experience in the bedding industry.

# Step Back in Time With a Visit to the Cottage Café and Tea Room of Largo.



A lovely cottage beneath beautiful oak trees located in the heart of downtown Largo. Owner Debi Hunter has always had two dreams for this lovely cottage (a tea room and antique shop). She has combined them beautifully! With four separate dining areas filled with eclectic décor they also offer spacious outside dining on their pet-friendly patio. Serving breakfast, lunch, dinner, teas, special events and catering. Great pride is taken in using daily fresh produce; fruit on each plate is a must! The fluffiest Quiche in Largo is baked daily and served with signature salad/raspberry dressing. Homemade Chicken Salad (which is Debi's grandmother's recipe) is one of the ladies favorites. Serving a full menu with specials: Tuesday Pasta Night \$6.95, Wednesday and Sunday Dinner for two \$14.95 with a purchase of two beverages. PRINCESS PARTEA'S are here! A variety of partea's for your princess are available by reservation. Call Debi or Denise for details: 727-581-3663. The Cottage enjoys and welcomes Red Hat Ladies and other groups. Wander the café and visit the SIDE DOOR ANTIQUE SHOP & Children's Boutique located in our antique school bus. **COME SHARE A POT OF TEA WHERE HEARTS ARE WARM AND FRIENDSHIP IS FREE! Open Tues.-Sun. 8am-9pm at 607 first Ave. S.W., Largo. See the extensive menu at [www.cottagecafeandtearoom.com](http://www.cottagecafeandtearoom.com).**

# Bay Area Women's Care Gives a Feeling of Security with Four OB/GYN Physicians.

Two locations: Clearwater and Countryside. Four OB/GYN physician specialists, a nurse practitioner and a professional nursing staff will give you a sense of security during this miraculous but sometimes scary time. Rest assured that all births are attended by one of these physicians and all deliveries will be performed at Morton Plant Hospital. **Bay Area Women's Care** has offered comprehensive OB/GYN medical services to Tampa Bay area women since 1987. OB Ultrasound is routinely done with state-of-the-art 3-D and 4-D ultrasound equipment, recorded on DVD and provided to you along with still fetal photos at no extra charge. Members of the American Institute of Ultrasound in Medicine Certified Practice since 1997. The highly trained certified sonographers have greater than 16 years of OB ultrasound experience. Quality, compassionate medical care in a friendly professional atmosphere is provided by David Peterfreund, M.D., Patricia St. John, M.D., James Clark, M.D., Natalia Camacho, M.D., and Ian-Vi Trinidad, ARNP. Accepting most major insurance. **For appointments: 727-447-7786. Hrs. M-F, 8:30am-5pm and Sat., 8:30am-12pm.** To learn more about the many services available to you go to: [www.bayareawomenscare.com](http://www.bayareawomenscare.com).



Shown here is the downtown Clearwater Office at 1055 S. Fort Harrison Ave.

**You're invited!** to the AAA Summer Vacation Showcase

Sunday, May 22 2011  
11am - 2pm  
Marriott St. Petersburg Clearwater  
12600 Roosevelt Blvd., St. Petersburg, FL 33716

We've joined with a select group of travel partners to provide a fantastic variety of great offers for our 2011 AAA Summer Vacation Showcase.

Admission is FREE and you can book onsite.  
AAA Members and Nonmembers Welcome!

To register go to [AAA.com/TravelNow1](http://AAA.com/TravelNow1) or contact your AAA Travel Professional.

Belleair..... 727-584-7678 St. Pete Gateway..... 727-577-5282  
Clearwater..... 727-448-2600 Seminole ..... 727-398-3120  
Palm Harbor ..... 727-789-7850 Westshore .... 813-289-5800 ext. 6546  
St. Pete Downtown ... 727-826-3600

\*Restrictions apply. See your AAA Travel Professional for details. 51911

**SUNCOAST FAMILY MEDICAL ASSOCIATES**

"Healing Through Caring Family Medicine"

All physicians are board certified by the American Osteopathic Board of Family Medicine

We offer additional services to help meet the needs of our patients.

We offer the following services:

- Diabetes, COPD and Congestive Heart Failure education programs
- Minor skin procedures
- Women's health management
- Joint injections
- Laboratory blood work drawn on site
- X-ray on-site

Conveniently located at:  
**12020 Seminole Blvd  
Largo, FL**  
**727-588-9572**

Hours: Monday through Friday  
8 AM - 12 and 1:15 - 4 PM

Exclusively a Humana Healthcare Provider  
A JSA Affiliated Group Humana Center #120374

Krista Keith, D.O.  
Ty Tvedten, D.O.  
N. Nicholas Engelman, D.O.  
Jeffrey S. Grove, D.O.

41711